



Carlisle Diary Dates as at 14th October 2018

MONTH	DATE	EVENT	VENUE	CLUB CLOSING DATES	TARGETED BY			
					P	J	A	O/N
OCT	19	Carlisle Club Championships	Narrabeen	5 Oct - Online				
	21	SMNE LC Distance Meet	PLC	7 Oct - Online				
	25-27	SAL SC Championships	Melbourne	8 Oct - Online				
	27	Nepean Open Water	SIRC Penrith	TBA				
NOV	3-4	SMNE LC Summer Championships	SOPAC	20 Oct - Online				
	11	SMSW Open Water Championships	SIRC Penrith	TBA				
	16	Carlisle Club Championships	Narrabeen	2 Nov - Online				
DEC	1-2	SNSW 12/13 & Over LC Metro Champs	SOPAC	20 Nov - Online		*		
	8-9	SNSW Open Water Championships	TBA	TBA				
	14-19	SNSW 12/13-18yrs LC State Champs	SOPAC	4 Dec - Online		*		
JAN 2019	26-28	SAL Open Water Championships	Adelaide	TBA				
FEB 2019	3	SNSW Speedo Sprint Heats	PLC	21 Jan - Online				
	15	Carlisle Club Championships	Narrabeen	1 Feb - Online				
	17	SMNE 13/U Summer Sprint Meet	SOPAC	30 Jan - Online				
MAR 2019	2-3	SNSW 12/13& Under LC Metro Champs	SOPAC	19 Feb - Online		*		
	9	SNSW Speedo Sprint Finals	SOPAC	Selected from Heats				
	15-17	SNSW State Open Championships	SOPAC	5 Mar - Online				
	24	Carlisle JX Meet	SOPAC	TBA				
	30-31	SNSW 12/13/U State Age Championships	SOPAC	19 Mar - Online		*		

- O: Open Performance Squad**
- N: National Performance Squad**
- A: Age Performance Squad**
- J: Junior Performance Squad**
- P: Performance Transition Squad**

*** Please note: changes to the Metropolitan & State Championships Age groups:**

12 – 13 year old male and female swimmers can only compete in one Metropolitan Area & SNSW State Age Championships per season

E.g. If a swimmer is 12yrs old and doesn't age up till after the Australian Age Championships (turns 13 after 15 April, 2019) then Swimming NSW recommends that they follow the Junior State Stream (as outlined below).

E.g. If a swimmer ages up and is eligible to compete at the 2019 Australian Age Championships then Swimming NSW recommends that they follow the Australian Age Stream (as outlined below).

Note 1: Once a Swimmer selects either the Australian Age Stream or the Junior State Stream and swims at their first Championship event, they **must stay in that stream for the duration of the season.**

Note 2: Ultimately it is up to the Swimmer, their Coach and their parent/guardian(s) about which stream is best for them.

Note 3: If you compete in the first age group, the Senior State Stream, and then enter the second Junior State Stream, YOUR ENTRIES WILL BE WITHDRAWN AND NO REFUND WILL BE GIVEN. All entrants into the Junior State Stream will be checked. (Even though the Online Entry system will "allow you" to enter both - the **rules state that you cannot enter both**)

Govt School Holidays are:

Thursday 20 December 2018 - Sunday 27th January 2019

Saturday 13 April 2019 - Sunday 28 April 2019