



2018 Code of Conduct & Medical Release Form – (Effective 1 Oct 2017)

I, the undersigned athlete, agree to abide by the standards of conduct outlined below, in addition to those established during the trip. Carlile Swimming Club means Carlile Swimming Team Ltd and Narrabeen Carlile Swimming Club members.

1. When representing Carlile Swimming Club, everyone is expected to behave in an exemplary manner. The reputation of Carlile, as well as the other athletes and staff with you, is dependent upon your behaviour.
2. All swimmers are required to attend all team meetings/activities unless excused by the coach in charge of the trip.
3. First impressions are very important to the swimmer's personal image, to Carlile, to Swimming NSW, and to the sport of swimming. If the team attends special functions, travels by air, etc., appropriate attire is required (no singlets, mini skirts etc). Check with the coach if you are unsure of what to wear. During competitions, swimmers will wear Carlile attire, and may not wear apparel that represents any other teams, institutions or products.
4. Carlile swimmers are expected at all times to follow the directions of the coaching staff. At no time will disrespectful attitudes be tolerated from any swimmer.
5. Curfews established by coaching staff will be adhered to each day of the trip.
6. When team accommodation is arranged by the club:
 - a. At no time will males be allowed to enter female rooms or will females be allowed to enter male rooms.
 - b. Any damages or theft incurred by the hotel will be at the expense of swimmers assigned to that room, and further disciplinary action will be taken. Under no circumstances, will loud or boisterous behaviour be tolerated in any part of the accommodation or restaurant facility.
7. The consumption of alcohol, the use of tobacco, or use of any non-prescribed drugs or illegal substance of any kind, is forbidden. In addition, any team member found or suspected to be in the presence of others (regardless of team affiliation) partaking in any of the above activities, will be subject to the same punishments and probable expulsion from the Carlile Club.
8. All team members will be polite in restaurants and all public facilities. If there is a problem with the service, see the coach.
9. The Carlile coaching staff holds the final interpretation on any rules, regulations, and disciplinary actions.

Failure to comply with this Code of Conduct may result in, but not be limited to, any or all of the following actions:

- (a) Swimmer not allowed to participate in team activities.
- (b) Swimmer sent home at parent's expense.
- (c) Swimmer not allowed to participate in upcoming team trips.
- (d) Suspension or expulsion from the Carlile Swimming Club.

- I recognise my responsibility to abide by the rules and requirements of the Carlile Swimming Club and I acknowledge that
- I have received and read such statement.

Signed: Signed: Date:

(Parent)

(Swimmer)



Authorisation for Emergency Medical Care

I hereby give my consent for the Coaching staff of the Carlile Swimming Club or official trip parent chaperones, to authorise emergency medical treatment of my child.

Swimmer's Name

Swimmer's Date of Birth

Parent's Phone Numbers

Emergency Contacts

Medicare Card Number

Health Insurance Company Name

Health Insurance Membership Number

MEDICAL HISTORY

Asthmatic? No Yes (*Please also provide an asthma management plan*)

Allergy Note: Has your child been recommended to carry an EpiPen by a medical practitioner (eg due to a history of anaphylaxis)?

No

Yes

If yes, please confirm that your child carries the appropriate device.

Not applicable

Yes

Please list any other pertinent medical information, medications and/or allergies, which might need to be addressed during the trip, or might be needed in case emergency care is necessary.

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Parent's Name

Parent's Signature